

Emergency Card

Issued by: Kanagawa Prefectural Government Tourism Division
Created by: JAPAN TRAVEL AND TOURISM ASSOCIATION
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Personal information

Name		
Blood type	Date of birth	Gender
Address		
Nationality/ Native Language		
Contact Details in Japan		
Contact Details in Home Country		
Tel. No. of Embassy in Japan		
Local Evacuation Shelter		

Earthquake, tsunami

Numerous earthquakes occur every year in Japan. In addition, large tsunami may occasionally rush into the area near the sea after an earthquake. However, because Japanese buildings are resistant to earthquakes, there is very little chance that they will collapse unless the quake is very strong.

Key points of action

- When you feel a strong quake that may make things drop from above, take cover under a desk etc. If there is no desk or protective cover, protect your head with shoes, outerwear, etc. Also, keep away from things that may fall or drop, such as glasses, light fixtures, signs, and shelves.
- If you feel a strong quake, or if a tsunami warning and advisory are issued while you are near the sea, immediately evacuate to higher ground or an upper floor of a tall building.

Safety of buildings

Many public buildings and other new buildings are constructed to resist earthquakes to a certain extent. If you experience an earthquake and recklessly run out of the building, objects may fall on you. For that reason, it is sometimes safer to stay in the building. If you are uneasy, you should confirm with the people around you whether or not the building you are in is safe.

Fire

Because there are many wooden houses in Japan, when a fire breaks out, it can lead to an unexpected large fire.

Key points of action

- When a fire breaks out, what you should fear most is smoke. If you are caught in a fire, put a handkerchief, etc., over your mouth so as not to breathe in smoke, stay close to the floor, and evacuate.

Wind and flood damage

Japan is sometimes hit by rainstorms called typhoons. Also, the country often suffers heavy damage caused by flooding or landslides as a result of continued heavy rain.

Key points of action

- If a weather forecast announces an advisory or a warning, try to get accurate information and, when necessary, evacuate according to the local people's instructions.

☎ 119

In the Event of Fire, Illness or Injury, Call the Fire Service Toll Free, 24/7.

When they answer, tell them the following:

1. It is an emergency.
2. What happened.
(Fire, Rescue, Illness, Injury)
3. Where you are.
4. Your name and phone number

119

☎ 110

In the Event of a Crime or Accident, Call the Police Toll Free, 24/7.

When they answer, tell them the following:

1. What happened.
2. When it happened.
3. Where it happened.
4. Your name and phone number

110

Pointing Phrasebook①

What has happened?

何が起きましたか？

Is this an earthquake?

これは地震ですか？

Is it safe here?

ここは安全ですか？

Does anybody here speak English?

英語の
話せる人はいますか？

Pointing Phrasebook②

I am injured.

けがをしています。

I feel unwell.

体調が悪いです。

Please take me to the hospital.

病院へ
連れていってください。

Can you direct me to the hospital?

病院はどこですか？

I am pregnant.

妊娠しています。

Pointing Phrasebook③

Where can I make a telephone call?

電話は
どこでかけられますか。

Where can I get some food/water?

食べ物(水)は
どこでもらえますか。

Where can I buy (food/water)?

(食べ物・水)は
どこで買えますか？

Where is the evacuation center?

どこへ
避難すれば良いですか？

Pointing Phrasebook④

I am looking for a place to stay tonight.

今日、宿泊できる
場所を探しています。

Where is the restroom?

トイレはどこですか。

Please tell me the way to _____.

_____への
行き方を教えてください。

Where is the nearest train or subway station?

一番近い駅は
どこですか？

Pointing Phrasebook⑤

I have allergies.

アレルギーがあります。

I am breastfeeding.

授乳中です。

Does this food contain the following ingredients?

この料理には以下の食材が入っていませんか？

大豆 Soybeans	乳製品 Dairy products	甲殻類 Shellfish	豚肉 Pork	小麦 Wheat	鶏肉 Poultry
ピーナッツ Peanuts	卵 Eggs	蕎麦 Buckwheat	牛肉 Beef	魚類 Fish	ハチミツ Honey

Helpful Information

●ATMs

- Seven Bank
<http://www.sevenbank.co.jp/intlcard/card2.html>
- Seven Bank (ATM Locator)
<http://inbound.standard.navitime.biz/sevenbank-english/Index.act>
- Japan Post Bank
http://www.jp-bank.japanpost.jp/en/ias/en_ias_index.html

●Medical Treatment

- AMDA International Medical Information Center
AMDA is an organization offering medical information to foreign residents in Japan in their native languages. AMDA offers telephone interpretation services free of charge.
http://eng.amda-imic.com/?ml_lang=en

●Free Wi-Fi spots

- http://www.freespot.com/users/map_e.html
- <http://flets.com/freewifi/spot.html>
- <http://www.freewifijapan.com/>

Getting information ①

- List of Embassies and Consulates-General in Japan
http://www.mofa.go.jp/about/emb_cons/protocol/index.html
- JNTO (Japan National Tourism Organization)
<http://www.jnto.go.jp/eng/>
- NHK WORLD (TV & Radio)
<http://www3.nhk.or.jp/nhkworld/>
- Google Person Finder
<http://google.org/personfinder/global/home.html>
This system enables you to confirm the safety of your family members or friends when you become unable to communicate with them.

Getting information②

- Haneda Airport (International Terminal)
<http://www.haneda-airport.jp/inter/en/>
- Narita International Airport
<http://www.narita-airport.jp/en/index.html>
- Kansai International Airport
<http://www.kansai-airport.or.jp/en/index.asp>
- Chubu Centrair International Airport, Nagoya
<http://www.centrair.jp/en/>
- Norikae-Annai (Train route finder)
<http://www.jorudan.co.jp/english/>